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## REGULAR CLUB ACTIVITIES



<b>MONDAYS</b>		<b>ROOM</b>
10am-12pm	Choir Practice ... ..	Hall 2
10am-12pm	Line Dancing - <b>Advanced</b> ... ..	Hall 1
12.00-1.00pm	Seated tai chi/gentle exercise ...	Hall 1
1.30-3.30pm	Games/Friendship group ...	AM room
1.00-2.30pm	Line Dancing – <b>Beginners</b> ... ..	Hall 2
2.00-4.00pm	Table Tennis ... ..	Hall 1

<b>TUESDAYS</b>		
9.30-10.30am	YMCA Gentle Exercise ... ..	Hall 1
10.00-12.45pm	Duplicate Bridge ... ..	Hall 2



<b>WEDNESDAYS</b>		
8.30-9.30am	YMCA Ever Active ... ..	Hall 1
9.00-11.30am	Water Colour Painting ... ..	Hall 2
9.30-12.30pm	Table Tennis ... ..	Hall 1
1.00-3.00pm	Mahjong ... ..	AM Room
2.00-4.00pm	Recorder Orchestra (U3A)* ..	Hall 1
6.45-9.45pm	Sequence Dancing * ... ..	Hall 1

<b>THURSDAYS</b>		
9.30-11.30am	Play Reading Group (U3A)*... ..	Hall 2
10am-12pm	Stitchers ... ..	AM Room
10am-12pm	Craft Group ... ..	Verandah
2.00-3.15pm	Tai Chi and Gentle Exercise ..	Hall 1



<b>FRIDAYS</b>		
9.30-12.30pm	Table Tennis ... ..	Hall 1
1.30-4.00pm	Painting and Drawing ... ..	Hall 2

<b>SATURDAYS</b>		
1.00-4.30pm	Duplicate Bridge ... ..	Hall 1

<b>SUNDAYS</b>		
1.00-7.00pm	Round Dancing * ... ..	Hall 1

\* You must be booked into asterisked classes, no walk-ins. Club subscription is \$10 per year. Car parking permit (if required) is \$20 per year. Members pay \$6 per regular activity session and \$4 for a second and subsequent activity on the same day. YMCA sessions are \$7.50.